

Unmounted Show Jumping Lesson Plans

When teaching unmounted lesson you can cover many different topics; i.e. course design, show jumping rules, bits and saddlery options, riding/jumping technique on video and how to walk a course before riding it, to name just a few.

Make it fun by having match races on foot after 'walking' the course. Or watch video and have everyone practice being 'The Teacher' by picking out riding faults or by figuring what rules apply as they appear on the screen. Use 12 ft long jump poles to help the riders learn the length of their own stride and then let them practice 'walking' the distances between jumps based on a horse's 12 ft \pm stride. Give out prizes or chocolate chips cookies or something when someone makes an effort to learn in order to create a positive, creative and fun learning environment.

As you can see, the possibilities for how to present learning opportunities are limitless. If we, as teachers, can engage our students mentally, physically, emotionally and psychologically then we will have the best chance to help them learn what they and we want in order to be successful.